

## Subject Index

- A**  
**Acanthocytosis**, band 3 and, 424  
**Accumulative mechanisms**, 454  
**N-Acetylserotonin**, serum, circadian profile of, 517  
**N-Acetyltransferase**, retina, circadian rhythms of, 147  
**Acute phase response**, 198  
**Adenosine triphosphate**, 220  
   synthesis of, in senile dementia, 231-233  
**Adenylate cyclase**, cAMP metabolic pathway and, 83  
**Adenylate cyclase activity**, free-running circadian rhythms in, 89  
**Adenylate cyclase-cyclic AMP-phosphodiesterase axis**, 77, 91  
**Adrenal corticotrophic hormone**, effects of, on NK cell activity, 329, 331  
**Adrenergic pathways**, 337  
 $\alpha$ - and  $\beta$ -Adrenoceptors, 448-453  
**Adrenocorticotrophic hormone**  
   cortisol production induced by, 286  
   plasma DHEA and DHEA-S response to, 383  
**Adrenoreceptors**, 36  
**Age as risk factor**, 248  
**Aging**  
   acceleration and delay of, 458  
   acceleration of, mechanisms of  
     bromodeoxyuridine-induced, 499  
   adrenergic functions and, 448  
   band 3, 421  
   band 3 and senescent cell antigen in, 438  
   benefits of, 475  
   biomarkers of, 238  
   cellular, models for, 422  
   centralized clock for, 93  
   delay of, xiii  
   DHEA and, 570  
   DNA damage and, 97  
   energy rate during, 249  
   epigenetic approach to, 480  
   genetically programmed, 474  
   HPA axis and, 286  
   intrinsic theory of, 195  
   law of necessary, 476  
   mathematics of, 479  
   mechanisms of caloric restriction affecting, 159  
   melatonin as a free radical scavenger and, 1  
   melatonin rhythm in, 44  
   mice immunodepressed by, 349  
   mutation theory of, bromodeoxyuridine and, 500  
   natural cytotoxicity affected by, 339  
   neuroendocrine-immune, 353  
   pathological, 120, 317  
   pineal affected by, 452  
   pinealocyte loss in, 59  
   programmed theory of, 195  
   protein kinase C activity during, 272  
   rate of, 137-143  
     and cancer, 454  
     and bromodeoxyuridine, 496, 499  
     and epithalamin, 485  
     time structure loss and, 378  
     zinc and, 360  
**Aging antigenic site**, 427  
**Aldosterone**, plasma, circadian rhythm of, 383  
**Alkylation damage**, 97  
**Alzheimer's disease**  
   band 3 and senescent cell antigen in, 438  
   pathogenesis of, 230-233  
**Amyloid deposition in Alzheimer's disease**, 232-233  
**Amyloid precursor protein**, SDAT and, 252  
*Anas platyrhynchos*, 21  
**Antibody response**, melatonin increases, 346  
**Anticoagulation prophylaxis and therapy**, xii  
**Antioxidant**, melatonin as, 7  
**Antisense RNA transgene**, 316  
**Antitumoral defence**, 267  
**Anurans**, 16  
**AP-1 protein**, 195  
   structure of, 202  
**APACHE III scoring system**, 285  
**Apoptosis**, 212-213  
**Arrestin**, 19  
**Astrocytes**, 108  
**Astrocytic inclusions**, 239  
**Atherosclerosis**, DHEA value in, 568  
**Athos**, Mount, monks of, 478  
**Aurintricarboxylic acid**, 215  
**Axonlike processes**, 23
- B**  
**B cells**, 310  
**Band 3**, autoantibodies to, 419  
**Basal processes**, 19  
**bcl-2**, 217  
**Behavior**, DHEA and, 564  
**Benign prostatic hyperplasia**, 509  
**Beta-amyloid precursor protein**, 230-233  
**Beta-endorphin**, NK cell activity and, 331  
**Bible**, life span in, 480  
**Big scissors**, 476  
**Big-science effort**, 479  
**Biomarker of aging**, 238

- Bird, 16  
     biological clock mechanisms in, 36  
     lymphoid tissues of, 371
- Body weight, effect of caloric restriction on, 160
- Brain, band 3 and senescent cell antigen in, 434
- Brain cortex, 448-452
- Bromodeoxyuridine  
     biological effects of, 498  
     induction of aging and carcinogenesis by, 494
- Brown-Pierce carcinoma, 258
- Burn injury, DHEA and, 558
- Bursa of Fabricius, pinealectomy and, 399
- C**/EBP protein, 195
- Ca<sup>2+</sup> channels, 337
- Caenorhabditis*, 212, 216
- Calcareous concretions, 17
- Calcium, dark vs light pinealocytes  
     containing, 54-56, 58
- Caloric restriction  
     dopaminergic motor function and, 131  
     glucocorticoids and, 171  
     mechanisms of, 159
- Cancer  
     mammary, 511  
     7,12-dimethylbenz[a]anthracene and, 519  
     epithalamin and, 490  
     preventive treatment for, 454  
     prostate, 507  
     war on, 479
- Carcinogenesis, initiation of, mechanisms of  
     bromodeoxyuridine-induced, 498
- Catecholamines, NK cell activity negatively  
     modulated by, 337
- ced-9, 217
- Cell death  
     calcium permeability and, 59  
     role of zinc in, 356
- Cell division, model for 'gating' of, 94
- Cell division cycle  
     model for control of, 91  
     regulation of, by cAMP, 78  
     signal transduction between circadian  
         oscillator and, 77
- Cell division rhythm, 79
- Cell proliferation  
     effects of DHEA on, 566  
     role of zinc in, 356
- Cell-mediated immune response, 318
- Central endocrine disturbances, melatonin  
     and, 513
- Central nervous system, DHEA and, 564
- Central nervous system diseases, age-related,  
     238
- Cerebral parietotemporal cortex, 250
- Chick embryo, pinealectomized, immune  
     functions in, 398
- Chicken, pineal organ of, 33
- Chorioallantoic membrane, pocks on, 402
- Chromatin fibers, 111
- Chromatin segments, 103
- Chronobiological alterations, xiii
- Chronobiology, 529, 533-534
- Chromosome aberration, bromodeoxyuridine  
     and, 496
- Circadian oscillator  
     cell division cycle and, 77  
     model for 'gating' of cell division by, 94
- Circadian rhythm, sympathetic innervation  
     contributing to, 24
- Circadian rhythm of central and peripheral  
     hormones, melatonin and, 503
- Circadian variations, 385
- Clock  
     aging, 93  
     pineal cross-transplantation and, 456  
     biological  
         DHEAS and, 549  
         mechanisms of, 31, 36  
         pineal organ as component of, 13  
     centralized, 93, 477  
     circadian, properties of, 78  
     endogenous aging, mechanisms of, xii  
     melatonin the natural 'hands' of, 479
- Coacervates in the pineal gland, 477
- Cognition enhancers, 279
- Cognitive function, 545-547, 549-550
- Collagenase, growing tissues and, 356
- Compensatory changes, 280
- Cone opsin, 19
- Conservation law, 476
- Controller, master, melatonin as, 479
- Corticosteroids, defensins, 329
- Corticosterone, serum, caloric restriction and,  
     172
- Corticotropin-releasing factor, IL-1 stimulation  
     of, 462
- Corticotropin-releasing hormone  
     abnormal production of, 328  
     effects of, on NK cell activity, 331
- Cortisol  
     circadian rhythm and, 507  
     effects of, 329  
     plasma, general patterns of, 382  
     prostate cancer and, 511
- Criticality, 248
- Cryptomys damarensis*, 25, 27
- Cyclic AMP  
     cell division by, 84-85  
     circadian oscillations of, 80-81

- early failure of the cell and, 220
  - 'gating' of cell division by circadian oscillator and, 94
  - regulation of cell division cycle by, 78
  - transcription and translation enhanced by, 28
  - Cyclic AMP-binding proteins, separation of, 92
  - Cyclic AMP-dependent kinases, 86-87
    - cAMP-analog specificities of, 93
    - separation of, 92
  - Cyclic GMP
    - adenylate cyclase and phosphodiesterase regulation by, 85
    - circadian rhythms of, 90-91
    - early failure of the cell and, 220
  - Cyclic nucleotide production, regulation by melatonin of, 373
  - Cyclin, 78
  - Cyclophosphamide, 344
  - Cytocoevolution, 22
  - Cytokines, 329
    - withdrawal of, 219
- D**
- D<sub>2</sub>-receptor, 129
  - D<sub>2</sub>-receptor-mRNA, 131
  - Dark cells, 57
  - Dasypus novemcinctus*, 18
  - DC potentials, 258
  - Death, acceleration and delay of, 458
  - Degeneration, signs of, in dark pinealocytes, 51
  - Dehydroepiandrosterone
    - immunologic action of, 553
    - mechanism of action of, 568
    - physiological effects of, 564
  - Dehydroepiandrosterone sulfate
    - HPA axis and, 382
    - oldest old and, 543
  - Dense-core granules, 23
  - Desynchronization, internal, 93
  - Dexamethasone, WEHI 7.1 lymphocytes treated with, 218
  - Diabetes, long-term, 479
  - Didelphys virginiana*, 18, 27
  - 7,12-Dimethylbenz[a]anthracene-induced mammary tumors, 519
  - Disease
    - effects of caloric restriction on, 162
    - free radical damage in, 8
    - degenerative, treating, xii
  - DNA
    - conformational transformation of, role of zinc in, 356
    - extrachromosomal circular, 114
    - hepatic, safole damage to, 5

- DNA damage, levels of, in aging, 97
- DNA degradation, 218
- DNA fragmentation, 213, 215
- Dopamine, pinealectomy-induced variations of, 404
- Down's syndrome
  - pineal development and, 465
  - zinc supplementation and, 361
- Drosophila*, 78, 214

- E**
- Ebb phase, 286
  - Elderly, circadian rhythmicity of prolactin in, 389
  - Electric foot shock, 530
  - Electrophysiological phenomena, 257
  - Embryo, mouse, apoptotic cell death in, 215
  - Endocrine system, effect of epithalamin on, 487
  - Endogenous oscillators, 13, 24, 36
  - Energy-rich compounds, 250
  - Enkephalins, zinc interaction with, 357
  - Epigenetic approach to life extension, 474
  - Epiphysectomy, neonatal, 292
  - Epiphysis, regulation of immunity and, 294
  - Epithalamin
    - biological effects of, 486
    - experimental gerontology and oncology and, 483
    - life-prolonging effect of, 477
    - oncological diseases and, 293
  - Erinaceus europaeus*, 18
  - Estradiol benzoate, exposure to bromodeoxyuridine and, 497
  - Estrogen, male rat sniffing behavior and, 132
  - Estrus function, disturbances of, 486
  - Eugene, Oregon, clinical trial study in, 478
  - Euglena*, 79
  - Euglena gracilis*, 77
  - Evolution, invention of melatonin by, 154
  - Evolutionary intermittent group selection, 476
  - Extracellular matrix molecules, deposition of, 244
  - Extrapineal sites of melatonin synthesis, 147
- F**
- Falsification, methodology of, 479
  - Fibrillar material, age-related, 238
  - Flow phase, 287
  - Follicle-stimulating hormone
    - circadian rhythm and, 385
    - prostate cancer and, 510
  - Food restriction, circulating melatonin and, 151
  - Forebears and offspring, competition between, 476

Forskolin  
 adenylate cyclase activated by, 83  
 cAMP increased by, 81  
 effect of, on cell division rhythm, 88  
 fos, 217  
 Fos-Jun, 202  
 Free radical generating systems, 423  
 Free radical scavenger, melatonin as, 1  
 Free radical-related disorders, zinc deficiency and, 357  
 Frontal organ, 15

**G**astrointestinal tract, melatonin in, 148  
 Gene modifications or repair, xiii  
 Genetic engineering, xii-xiii  
 Genome, instability of, bromodeoxyuridine and, 499  
 Genome reorganization, 110  
 Geomagnetic field, horizontal component H of, 520  
 Gerontology, epithalamin in, 483  
 Glial cell, 117  
 Glucocorticoid levels, DHEA and, 556, 570  
 Glucocorticoid production, melatonin and, 304  
 Glucocorticoid receptor, type II, 308  
 Glucocorticoids  
 activation of HPA system in stress and, 337  
 caloric restriction and, 171  
 zinc turnover and, 304  
 Glucconeogenesis, 176  
 Glutathione reductase, 198  
 Gnosis, Hellenistic, death and, 475  
 Goethe, conjecture about death made by, 475  
 Gompertz curve, 476  
 Gompertz's model, 137, 139  
 Gonadotropins, circadian rhythm and, 506  
 Granules, clusters of, 238  
 Growth factors, withdrawal of, 219  
 Growth hormone  
 circadian rhythm and, 385, 505  
 glucocorticoids and, 179  
 prostate cancer and, 509

**H**a-Ras, 203  
 Habenular nuclei, 20, 31-32  
 Heat shock factors, 195  
 Heat shock protein 70, 217  
 labial gland involution and, 219  
 Heparan sulfate proteoglycan-like molecules, 239  
 Heterochromatin, 112  
 Hippocampus, fibrillar material in, 238  
 HIV infection, DHEA and, 556  
 Hormonal treatments, thymus rejuvenation in old age by, 363

Hormones, central and peripheral, melatonin and, 503  
 Human neutrophil peptide-1, 329  
 Human neutrophil peptide-4, 329  
 Humoral immune response  
 effect of pinealectomy on, 399  
 enhancement of, by static magnetic fields, 411  
 Hydroxyindole-o-methyltransferase, 25-26  
 Harderian gland and, 147  
 Hyperphagia, 176  
 Hypothalamic-pituitary-adrenal axis  
 aging and, 286  
 glucocorticoids regulate, 308  
 injury and, 287  
 Hypothalamic-pituitary-adrenal system, excess activity of, 328  
 Hypothalamus, immune regulatory system and, 291  
 Hypoxia, severe chronic, aged pineal gland and, 67

**I**kB proteins, 200  
 IBMX, 83  
 IL-2 production, effect of melatonin on, 348  
 Immortalization, spontaneous, 113  
 Immune function, effect of epithalamin on, 489  
 Immune inflammatory reactions, potentiation of, by static magnetic fields, 411  
 Immune response  
 cell-mediated, 318  
 effect of DHEA on, 555  
 neurohumoral shifts and, 267  
 sexual dimorphism of, 313  
 Immune system  
 pineal gland and, 398  
 role of zinc in, 358  
 Immunity, pineal gland and, 291  
 Immunodepression, melatonin restores, 343  
 Immunoglobulin G, senescent cell, 428  
*In situ* hybridization, 28, 277  
 Inbred mouse strains, 240  
 Indian palm squirrel, female, 537  
 Inflammation  
 effects of glucocorticoids on, 177  
 HPA axis activity and, 322  
 Inflammatory response, 198  
 Injury  
 endocrine-metabolic response to, 286  
 HPA axis and, 287  
 Inositol-tris-phosphate, 337  
 Insulin metabolism, role of zinc in, 357  
 Interleukin-1, pineal network and, 461  
 Intracellular free calcium trafficking, 337  
 Intrinsic theory of aging, 195

IP<sub>3</sub>, early failure of the cell and, 220  
Isoproterenol, epithalamin and, 488

## L

Lacertilians, 16  
*Lampetra japonica*, 21  
Lampreys, 16  
Lanthanum  
  analysis of, 45  
  permeability of pineal gland to, 47  
Learning, brain protein kinase C in, 276  
Leukemia, effect of caloric restriction on, 162  
Leydig cells, zinc and, 357  
Life extension, artificial, 474  
Life prolongation, pineal cross-transplantation and, 456  
Life span  
  bromodeoxyuridine and, 496  
  effect of epithalamin on, 484  
  mean and maximal, 142-144  
Lighting conditions, 531, 532, 534  
Locomotor activity, 213  
Longevity, selection for, 476  
Lower vertebrates, 36  
Luteinizing hormone  
  circadian rhythm and, 385  
  epithalamin and, 487  
  prostate cancer and, 510  
Lymphocyte population, effect of  
  pinealectomy on, 401  
Lymphocytes, human, specific binding sites  
  for melatonin in, 369  
Lymphokine production, DHEA and, 558  
Lymphoma, caloric restriction inhibiting  
  expression of, 167

## M

Malignant transformation, 93  
Mammals  
  melatonin biosynthesis in, 36  
  pineal organ of, 25  
Man, rod-opsin in, 25  
Mathematical models, 141-143  
Maturation (M phase)-promoting factor, 78  
Mechanisms  
  immune, 294  
  neuroendocrine, 328  
Mechanisms of caloric restriction, 159  
 $\alpha$ -Melanocyte-stimulating hormone, circadian  
  rhythm of, 464  
Melanophores, dermal, 33  
Melatonin  
  administration of, 533, 534  
   $\alpha$ - and  $\beta$ -adrenoceptors and, 448, 451-452  
  antioxidant role of, 7  
  chronic circadian (night) administration of,  
    456  
  circadian rhythm and, 379  
  circadian rhythm of central and peripheral  
    hormones and, 503  
  circannual rhythmicity of, 520  
  epithalamin and, 488  
  free radical scavenger role of, 1  
  gastrointestinal tract as source of, 148  
  glucocorticoid production and, 304  
  hydroxyl radicals and, xiii  
  IL-2 production and, 348  
  mechanisms of, 469  
  melanosome aggregation and, 33  
  neonatal, female Indian palm squirrel and,  
    537  
  neuroendocrine message of, 13  
  NK cell responsiveness enhanced by, 337  
  plasma  $\alpha$ -MSH and, 464  
  prostate cancer and, 507  
  side effects of, 477, 480  
  specific binding of, 369  
  Th cell activity and, 347  
  zinc and, 302  
Melatonin biosynthesis  
  chicken pineal organ, 35  
  serotonin-N-acetyltransferase activity and,  
    28  
  true pineal photoreceptors capable of, 20  
Melatonin levels, circulating, 147  
Melatonin profiles, lawfully changed, 478  
Melatonin signal, 478-479  
Melatonin synthesis  
  cAMP regulation of, 77  
  extrapineal sites of, 147  
Memory, brain protein kinase C in, 276  
Metabolic changes in senile dementia,  
  232-233  
Metabolic clearance rate, 289  
Metabolism, effect of DHEA on, 555, 567  
Metastasis, 529, 533  
3-Methyladenine-DNA glycosylase repair  
  enzyme, 102  
7-Methylguanine, 97  
Methyl-nitroso-urea, 99  
5-Methoxytryptamine, 537  
Microsomal ladders, 213  
Morphological changes, 238  
Mortality kinetics, 136-137  
Mortality rate, 137-140  
Motor function, impaired, 129  
Mouse  
  nude, pineal aging and, 463  
  pineal organ and epithalamic region of, 32  
  senescence-accelerated, 240  
Mouse brain, fibrillar material in, 238  
Muscle fibers  
  pinealectomy of old rats containing, 70  
  striated, 73

myc, 217  
Myotubes, 117

**N**atural killer cells, 329  
Necrosis, 213  
Neoplastic disease, relationship of body weight and, 166  
Nerve bundles, pineals of old rats containing, 70  
Nerve growth factor, 219, 221  
  zinc dependence of, 357  
Nervous system  
  effect of epithalamin on, 487  
  role of zinc in, 358  
Neurodegenerative disease, human, model of, 238  
Neuroendocrine effectors, 13, 24  
Neuroendocrine-immune aging, role of zinc in, 353  
Neuroendocrine-immune interactions, 328  
Neuroendocrine-immune system, aging of, 308  
Neuronal loss, 130  
Neurons, 18, 31  
  protein synthesis in, 217  
  second-order, 20  
Neuropathology, 238  
Neuropeptides, pineal metabolism controlled by, 30  
Neuropil formations, 19  
NF $\kappa$ B protein, 195  
NF $\kappa$ B-I $\kappa$ B complex, 198  
NF $\kappa$ B-I $\kappa$ B phosphorylation, 200  
N-Nitrosomethylurea, bromodeoxyuridine and, 496-497  
Noradrenaline, 24  
Norepinephrine, pinealectomy-induced variations of, 404  
Nutritional state, tryptophan a marker of, 154  
Nutritional treatments, thymus rejuvenation in old age by, 363

**O**besity, effects of DHEA on, 567  
Oldest old, DHEAS and, 543  
Oncogenes, potential of cells to senesce or immortalize and, 121  
Oncology, epithalamin in, 483  
Ontogenetic development, 31  
Ontogenetic mechanisms, 454  
Opiatergic pathways, 337  
Opioid compounds, NK cells and, 331  
Osteoblasts, 114  
Outer segment, 19  
Oxidation, vitamin E and, 422

Oxidative phosphorylation in senile dementia, 231-233  
Oxidative stress, 205  
Oxygen-centered radicals, production of, 2

**P**<sup>34</sup>dec<sup>2</sup>, 78  
p53, 218  
Parabiosis experiments, 479  
Parapineal organ, 15  
Parasympathetic system, 31  
Parietal foramen, 15  
Pep-COOH peptide, 428  
Peroxidase, 198  
Phagocytic cells, increases in CS-defensins from, 337  
Pharmacokinetics, age-related changes in, 390  
Phase-response curve, 85  
Phorbol ester binding, 273  
Phosphodiesterase, cAMP metabolic pathway and, 83  
Phosphodiesterase activity, free-running circadian rhythms in, 89  
Phospholipase C, 337  
Phospholipase D, 337  
Photoneuroendocrine unit, 24  
Photoreceptors, 13, 24, 36  
Photosensitivity, direct, 24  
Pineal, aged, 64  
Pineal antitumor activity, 522  
Pineal cross-transplantation, aging clock and, 456  
Pineal gland  
  aging clock in, xii, xiii  
  cell division cycle and, 77  
  coacervates in, 477  
  epithalamin and, 484  
  immune mechanisms and, 343  
  immune system and, 398  
  immunity and, 291  
  magnetosensitivity of, 413  
  melatonin production by, 43  
  melatonin rhythm in, 379  
  modulatory influence of, on  $\alpha$ - and  $\beta$ -adrenoceptors, 448-453  
  old, 456  
  young, 456  
Pineal inclusions, 66  
Pineal melatonin biosynthesis, 519  
Pineal organ  
  bovine, 26  
  chicken, 33  
  human, measurement of, 18  
  mammalian, 25  
  mouse, 26  
  ontogenetic development of, 31  
Pineal peptide preparation, 483

- Pineal photoreceptors, 33  
  modified, 19, 22  
  true, 19  
Pineal tissue, engraftment of, 477  
Pineal tract, 20  
Pinealocyte processes, S-antigen  
  immunoreactive, 32  
Pinealocytes, 18, 22  
  calcification of, 69  
  displaced, 31  
Pinealocytes sensu stricto, 19, 25  
Pituitary tumors, effect of caloric restriction  
  on, 164  
Plaque-forming cell response, effect of  
  pinealectomy on, 401  
Plasma proteins, age-related changes in, 390  
Pock formation, pinealectomy and, 402  
Postmitotic cells, DNA damage in, 97  
Postnatal development, specific binding of  
  melatonin during, 369  
Pregnenolone, 555  
Pretecal area, 20, 31-32  
Programmed cell death, 212-213  
Programmed theory of aging, 195  
Prolactin  
  circadian rhythm and, 385, 505  
  male rat grooming behavior and, 132  
  prostate cancer and, 507-509  
Proopiomelanocortin, pituitary peptides  
  derived from, 329, 337  
Protease activity, 279  
Protein kinase C, brain aging and, 272  
Protein kinase C isoforms, 275  
Protein kinase C translocation, 274  
Protein phosphorylation, calcium and, 271  
Protein synthesis, 214  
  cell death and, 216  
K-Pyroantimonate method, 53  
Pyrogens, fever reaction to, 462
- R**abbits, treatment of, with epithalamin, 488  
Raf-1, 203  
Rapid eye movement sleep, Down's  
  syndrome and, 465  
Rat, pineal organ and epithalamic region of,  
  32  
Rat brain, 273  
Rat strain differences, 278  
Recoverin, 19, 25  
Red cell aging panel, 424  
Redox factor-1, 198  
  enhancement of DNA-binding properties  
  by, 203  
Redox modification, 200  
Redox pathway, intermediates of, 206
- Regression, 34  
Regulation, endocrine, 291  
Repair, DNA, 102  
Reproductive function, bromodeoxyuridine  
  and, 496  
Reproductive system, effect of epithalamin  
  on, 485  
Restraint stress, 530  
11-cis Retinal, 24, 29  
Rhodopsin, 34  
Rhythms, aging and, 378  
Risk factor, age as, 248  
Rod-opsin, 19, 24-25, 27, 29, 33-35  
Rodent, lymphoid tissues of, 371  
Rodents, 16  
Rotational stress, 529, 533
- S**-antigen, 19, 21, 24-25, 27, 34-35  
*Saccharomyces*, 79  
Safrole, damage to hepatic DNA by, 5  
Salivary glands, thymus and, 294  
*Salmonella typhimurium* infection,  
  pinealectomy and, 292  
Scanning electron microscopy, 44  
*Schizosaccharomyces pombe*, 78  
Seasonal effects, 529, 533-534  
Second messengers, 30  
  intrinsic and extrinsic stress factors acting  
  as, 200  
Senescence, postponing, 478  
Senescence-accelerated mouse, 240  
Senescent cell antigen, Band 3 and, 419, 425  
Senile dementia of the Alzheimer's type,  
  HPA system and, 328  
Serotonin, 26  
  distribution of, in pinealocytes, 25  
  pineal photoreceptors lacking, 20  
  pinealectomy-induced variations of, 404  
  serum, circadian profile of, 517  
Serotonin metabolism, effect of epithalamin  
  on, 487  
Serotonin-N-acetyltransferase, 519  
  rhythm of melatonin biosynthesis and, 13  
Serum antibodies, naturally occurring, 435  
Sex hormones, type II glucocorticoid receptor  
  and, 312  
Sexual dimorphism, type II glucocorticoid  
  receptor and, 313  
Signal transduction  
  adenylate cyclase-cAMP-phosphodiesterase  
  axis in, 77, 91  
  intermediates of, 202  
Signal transduction-redox pathways, 195  
Sleep, diet and life style overlap with, 478  
Sleep patterns, disturbances of, 462  
Splnomegaly, pinealectomy and, 403

Sporadic dementia of the Alzheimer's type, age as risk factor for, 248  
 Src, 203  
 Static magnetic fields, enhancement of humoral immune response by, 411  
 Steroid-immune interactions, 311  
 Stone-age conditions, 479  
 Stress hyporesponsive period, 319  
 Stress proteins, effects of caloric restriction on, 184  
 Stress response, increase in CRH, ACTH, and  $\beta$ -endorphin in, 337  
 Stress response genes, 195  
 Striatal neurons, 130  
 Stromboli Cocktail, xi, 93  
 Sulcus parieto-occipitalis, 65  
 6-Sulfatoxymelatonin, 516  
 Superior cervical ganglion, 14  
 Supporting (glial) cells, 18  
 Suprachiasmatic nucleus, 14, 28, 36  
     circadian pacemaking function of, 43  
 Survival, 545-547, 549-550  
 Sympathetic innervation, 14, 28, 36  
 Sympathetic nerve fibers, 34-35  
 Syphilis, DHEA and, 558

**T** cells, 310  
*Talpa europaea*, 18  
 Telosts, 16  
 Temperature-constant place in the body, 477  
 Testosterone  
     circadian rhythm and, 506  
     plasma, circadian rhythm of, 383  
     prostate cancer and, 510  
 12-o-Tetradecanoylphorbol-13-acetate, exposure to bromodeoxyuridine and, 498  
 Th cell activity, effect of melatonin on, 347  
 Thermogenesis, effects of glucocorticoids on, 178  
 Thermoregulation, 463  
 Thioredoxin, 198  
 Thymic engraftment, new method of, 479  
 Thymocytes, protein synthesis in, 217  
 Thymulin, zinc and, 300  
 Thymus  
      $\alpha$ - and  $\beta$ -adrenoceptors and, 448, 452-453  
     cAMP activity and, 292  
     early involution of, 114  
     pinealectomy and, 399  
     rejuvenation of, in old age, 363  
     type II glucocorticoid receptor and, 312  
 Thyroid function, pineal aging and, 463  
 Thyrotropin  
     circadian rhythm and, 505  
     prostate cancer and, 510

Thyrotropin-releasing hormone, pineal deficiency and, 465  
 Thyroxine  
     epithalamin and, 488  
     total  
         circadian rhythm and, 505  
         prostate cancer and, 510  
 Transcription factors, 195  
 $\alpha$ -Transducin, 19, 24, 33  
 Transforming growth factor- $\beta$ , 219  
 Transgenic animals, 308  
 Transglutaminase, 217  
 Transmission electron microscopy, 44  
 Transport function, senescent cell antigen, 425  
 Triiodothyronine, epithalamin and, 488  
 TRPM-2, 217  
 Tryptophan, nutritional state and, 154  
 Tumor, spontaneous, epithalamin and, 489-490  
 Tumor growth, 529, 533-534  
     epithalamin and, 489  
     experimental, 257  
     melatonin and, 516  
 Tumor necrosis factor, 219  
 Tyrosine kinases, 203

**U**biqutin, 217  
 Ultramicroscopy, 67  
 Urethan, exposure to bromodeoxyuridine and, 497

**V**-raf, 218  
 Vascular endothelium, effects of DHEA on, 568  
 VIP-receptors, 30  
 Vitamin E, oxidation and, 422

**W**ater, nightly drinking, melatonin added to, 477  
 WEHI 7.1, 218  
 Werner's syndrome, 113

**X**-irradiation, bromodeoxyuridine and, 497  
 X-ray microanalysis, 45  
*Xenopus* oocytes, 78

**Z**C mutant, 79  
 Zinc  
     glucocorticoids and, 304  
     melatonin and, 302  
     role of, in neuroendocrine-immune aging, 353



## Index of Contributors

- A**ngeli, A., 328-342  
 Anisimov, V. N., 483-493, 494-501
- B**arden, N., 308-327  
 Bartsch, C., 502-525  
 Bartsch, H., 502-525  
 Basso, A., 136-145  
 Bateman, A., 328-342  
 Battaini, F., 271-284  
 Batticane, N., 308-327  
 Bergamaschi, S., 271-284  
 Bertoni-Freddari, C., 230-237  
 Birkenhäger-Gillesse, E. G., 543-552  
 Blank, K., 159-170  
 Bulian, D., 298-307, 448-453
- C**alvo, J. R., 369-377  
 Caroleo, M. C., 343-352  
 Cervós-Navarro, J., 64-76  
 Chen, L.-D., 1-12  
 Chen, S., 171-194  
 Čupić, V., 410-418
- D**erksen, J., 543-552  
 Dilman, V. M., 454-455  
 Doria, G., 343-352  
 Duffy, P. H., 171-194
- E**dmonds, L. N., Jr., 77-96
- F**abris, N., 298-307, 353-368  
 Flüchter, S.-H., 502-525
- G**allo, F., 308-327  
 Gaubatz, J. W., 97-107  
 Giraldi, T., 526-536  
 Goodman, J., 419-447  
 Govoni, S., 271-284  
 Griot, G., 328-342  
 Guerrero, J. M., 369-377
- H**aldar, C., 537-542  
 Hart, R., 159-170, 171-194  
 Haus, E., 378-397  
 Hladni, K., 410-418  
 Horan, M. A., 285-290  
 Hoyer, S., 248-256  
 Huether, G., 146-158  
 Humbert, W., 43-63
- I**ngram, D. K., 238-247  
 Iwango, P., 230-237
- J**anković, B. D., 398-409, 410-418  
 Joseph, J. A., 129-135  
 Jucker, M., 238-247
- K**alimi, M., 553-563, 564-575  
 Kay, M. M. B., 419-447  
 Khavinson, V. Kh., 483-493  
 Kloeden, P. E., 474-482  
 Knežević, Z., 398-409  
 Kojić, L., 398-409  
 Koljada, T., 291-297  
 Korf, H.-W., 13-42  
 Kosich, V., 291-297
- L**adisa, V., 271-284  
 Lagaay, A. M., 543-552  
 Lazzerio, A., 328-342  
 Leakey, J. E. A., 171-194  
 Lesnikov, V. A., 456-460, 461-473  
 Lippert, T. H., 502-525  
 Lockshin, R. A., 212-229  
 Lopez-Gonzalez, M. A., 369-377  
 Loria, R., 553-563  
 Lucchi, L., 271-284
- M**acieira-Coelho, A., 108-128  
 Manjgaladze, M., 171-194  
 Marchetti, B., 308-327  
 Maserà, R. G., 328-342  
 Mecke, D., 502-525  
 Meier-Ruge, W., 230-237  
 Menendez-Pelaez, A., 1-12  
 Mocchegiani, E., 298-307  
 Morale, M. C., 308-327  
 Morozov, V. G., 483-493  
 Murasko, D., 159-170
- N**ikolić, P., 410-418  
 Nikolić, V., 398-409  
 Nisticò, G., 343-352
- O**sun, C., 369-377
- P**apacostantinou, 195-211  
 Peiffer, A., 308-327  
 Perissin, L., 526-536  
 Pevet, P., 43-63  
 Piantanelli, L., 136-145, 448-453  
 Pierpaoli, W., xi-xv, 298-307, 448-453,  
 456-460, 461-473  
 Pipkin, J. L., 171-194  
 Poeggeler, B., 1-12

Prokopovich, S. K., 257-270  
Prosenc, N., 64-76

**R**apozzi, V., 526-536  
Regelson, W., 553-563, 564-575  
Reiter, R. J., 1-12, 576-578  
Rössler, O. E., 474-482  
Rössler, R., 474-482  
Rossolini, G., 136-145  
Roth, G. S., 129-135

**S**aarela, S., 1-12  
Santarelli, L., 298-307  
Sartori, M. L., 328-342  
Slepushkin, V., 291-297  
Solomon, S., 328-342  
Staurenghi, A. H., 328-342

**T**an B. H., 97-107  
Tan, D-X., 1-12  
Tibaldi, A., 298-307  
Touitou, Y., 378-397  
Trabucchi, M., 271-284  
Turturro, A., 159-170, 171-194

**V**assiljev, N., 291-297  
Vinnitsky, V. B., 257-270  
Viticchi, C., 448-453  
Volyansky, Ju., 291-297

**W**yant, T., 419-447

**Z**akeri, Z., 212-229  
Zorzet, S., 526-536

